

San Buenaventura Urology

in association with Community Memorial Health System

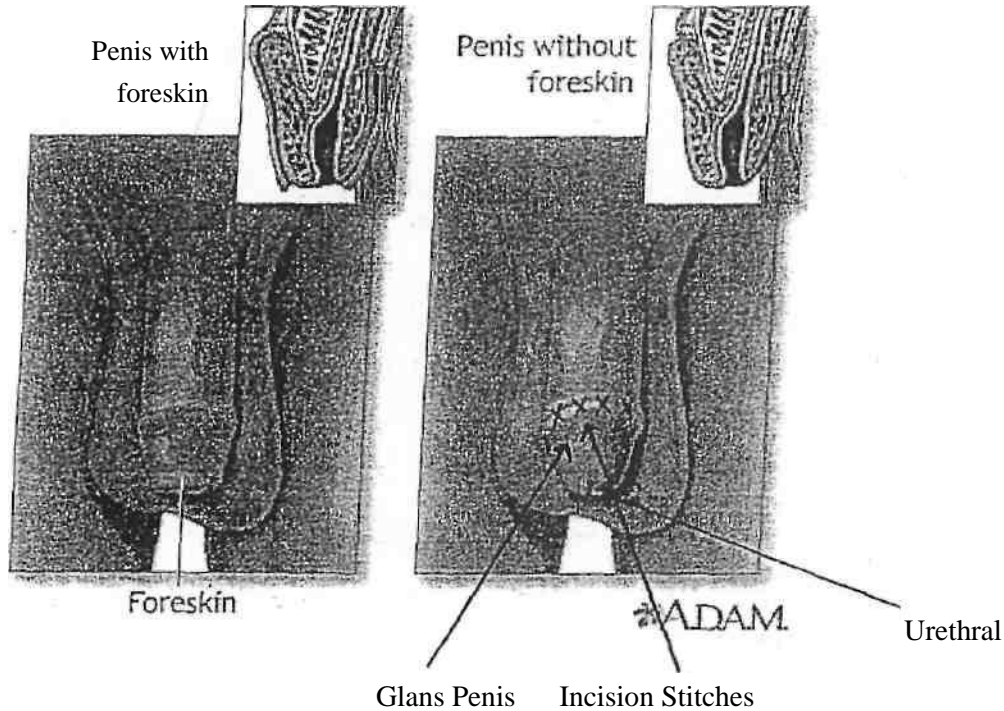
MARC A. BEAGHLER, M.D. © SEYED M. KHODDAMI, M.D.

2705 Loma Vista Rd., Suite 206 • Ventura, CA 93003

• Phone: 805-643-4067 • Fax: 805-648-5612

Adult & Pediatric Urology

POST-OPERATIVE CIRCUMCISION CARE



1. Pull foreskin to fully visualize the stitches.
2. Cleanse the glans penis with soap and water only.
3. Dry
4. Apply Neosporin ointment two times daily
5. May shower after 24 hours; tub bath after 48 hours

Stitches will dissolve and fall off on their own.

CIRCUMCISION

General Post-Operative Instructions for Circumcision

- You may shower 24 hours after the surgery once the bandages have been removed.
Your sutures will dissolve over time and do not need to be removed. Pat .dry your area of incision, rather than rubbing it.
- Clean tip of penis daily in shower, pull foreskin back to look at sutures and apply Neosporin ointment
- You may swim or take a tub bath 1-week after surgery.
- Do not lift greater than 10 pounds for 2-weeks.
- You should be able to resume exercise 2-weeks following the surgery. If discomfort returns then reduce activity, take it easy, and more gradually resume activities.
- No sexual intercourse for 6 weeks.
- Expect some spotting or bleeding from your incision for the next 1-week, if it progressively worsens then please call your physician.
- If you experiences fever or chills, take a temperature during the episode with an oral thermometer, if it is greater than 100.5 F, then please call your physician.
- If you notice pus coming from any wound, please call your physician.
- In case of an emergency, please go to your nearest emergency room for evaluation.

Specific Post-Operative instructions for Circumcision

- Wear light fitting clothing (such as boxers, gym shorts, or sweat pants) for the next two weeks or until the suture material dissolves. This will decrease your discomfort with activity.
- Use Bacitracin or Neosporin ointment (over the counter preparation found at any local pharmacy) 3 times daily and inspect the sutures by pulling the foreskin away from the sutures.