

San Buenaventura Urology

in association with Community Memorial Health System

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Adult & Pediatric Urology

PENILE BIOPSY

Lesions of the penis need to be biopsied if they do not heal after rigorous antibiotic therapy and no improvement. These are usually done in the operative room under anesthesia, as an outpatient. You will need to HOLD food and fluids from the midnight before and arrive at the surgery center or hospital with a driver to take you home.

Plan on resting the day of the procedure and putting a cool gel pack on the penis for comfort. You may return to work the next day - but wear a protective dressing over the incision/wound and you may find wearing an athletic supporter with some gauze on the wound feels best.

Take any pain medication or antibiotics we have given you as the bottle instructs. Do not drive or work if you are taking pain medications. Call us for any elevated temperatures over 100°F.

Return to the office at your scheduled post op appointment to review results with the MD. Planning for additional care will also be discussed at that time.

Please bring any paperwork for time off work to the office before your procedure date. We are happy to fill these out, we just need a few days to get them completed.

PARTIAL PENECTOMY/COMPLETE PENECTOMY

This surgery is recommended and necessary when the penile lesion is cancer. These cancers are usually aggressive and ignoring them will result in metastasis throughout the body.

This surgery is done outpatient. You will require a driver to take you home. Plan on resting that day with ice or cool gel packs on the penis or groin to reduce discomfort and post op swelling.

You will be given a couple days of antibiotics and pain medication. A post op appointment will be scheduled to review the pathology report and plan for any additional treatment that is necessary.

1. You may shower in 48 hours. Remove the operative dressings and clean the wound with warm water and soap to remove any dried blood and drainage. Allow the warm shower water to run over the wound and this will feel good.
2. You may redress the wound with gauze or a sanitary napkin to protect the site, or leave it open to air. Applying Neosporin ointment or anything else is not necessary.
3. Eat a wholesome diet to promote healing. Drink plenty of water to make clear urine.
4. No athletics or lifting over 8 lbs for 3 - 4 weeks. Please bring any paperwork for your time off work to this office before the procedure.
5. Some patients are sent home with a catheter to drain the urine. Keep the catheter clean and shower the tubing daily.
6. Call the office for signs of infection - wound drainage that is yellow/green or foul, elevated temperature of 100* or more, bleeding that is more than spotting on the dressing. Call if you cannot urinate or initiate a urine stream.