

## **San Buenaventura Urology**

*in association with Community Memorial Health System*

MARC A. BEAGHLER, M.D. © SEYED M. KHODDAMI, M.D.

2705 Loma Vista Rd., Suite 206 • Ventura, CA 93003

• Phone: 805-643-4067 • Fax: 805-648-5612

Adult & Pediatric Urology

### **LITHOTRIPSY**

#### **WHAT TO EXPECT AT HOME**

It is normal to have a small amount of blood in your urine for a few days to a few weeks after this procedure. You may have pain and nausea when the stone pieces pass. This can happen soon after treatment and may last for 4 to 8 weeks.

#### **SELF CARE**

Have someone drive you home from the hospital. Rest when you get home. Most people can go back to their regular daily activities 1 or 2 days after this procedure. Drink a lot of water in the weeks after treatment. This helps pass any pieces of stone that still remain.

Take the pain medication that the doctor has instructed you to take and drink a lot of water if you have pain.

You will probably be asked to strain your urine at home to look for stones. Any stones you find bring into our office so we may send them to a medical lab to be examined.

You will need to see us for a follow-up appointment in the weeks after your lithotripsy.

#### **WHEN TO CALL THE DOCTOR**

Very bad pain in your back or side that will not go away

Heavy bleeding or blood clots in your urine (a small to moderate amount of blood is normal)

Lightheadedness

Fast heartbeat

Fever and chills

Vomiting

Urine that smells bad

A burning feeling when you urinate

Very little urine production