

San Buenaventura Urology

in association with Community Memorial Health System

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Adult & Pediatric Urology

POST PROSTATE BIOPSY INSTRUCTIONS

- 1) Increase your fluid intake for the next 1-2 days to decrease formation of blood clots in your urine. If your urine is completely clear for the first few urinations, you will probably not have to worry about this. Some spotting of the urine with blood may occur for the first week. Not to worry it will go away.
- 2) You may experience discomfort in the rectum or base of your penis. This is normal and should be of no concern. In addition, you may have a small amount of blood in your stool when you have a bowel movement.
- 3) You may also notice blood or discoloration in your semen if you are sexually active. This is also normal and may last for a few weeks or even months until the blood is cleared out our your prostate. You do not need to call us with blood in your semen.
- 4) Limit your activity for 24 hours. Staying off your feet until the next morning is best.

However it is IMPORTANT that you contact us if the following symptoms occur:

Burning with urination

Chills

Fever

Blood Clots or Excessive Blood in the urine or stool

Difficulty or inability to urinate